Check for Learning



NAME	DATE
DIRECTIONS: Follow the directions in each box and complete the sentences below them. Use one of the ideas listed or think of your own.	
Draw or write something you can regulate in the room around you.	IDEAS: • Light • Sound • Temperature • Power • Speed
I can regulateby	
Draw or write something you can regulate within your body.	IDEAS: • Temperature • Hunger • Power • Speed
I can regulate by	

