Check for Learning

NAME _____ **DATE** _____

DIRECTIONS: Follow the directions in each box and complete the sentences below them. Use one of the ideas listed or think of your own.

Draw something you can regulate in the room around you.

IDEAS:
- *Light*
- *Sound*
- *Temperature*
- *Power*
- *Speed*

I can regulate _____ **by** _____.

Draw something you can regulate within your body.

IDEAS:
- *Temperature*
- *Hunger*
- *Power*
- *Speed*

I can regulate _____ **by** _____.

THE ZONES OF REGULATION

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